



Drawing

Progressive Lessons

No	Grade 0	No	Grade 00
1.	Fingers: in mealie meal, sand, flour	a.	With fingers in sand
2.	Thick wax crayons	b.	Fingers starch paint
3.	Crayons and colour wash (food colour)	c.	Thick wax crayons
4.	Crayons on textured surface	d.	Crayons on textured surface
5.	Thick kokis	e.	Thick koki's
6.	Pastels, extensions: black crayons only	f.	Pastels: Extensions – wet pastels
7.	Old koki's dipped in food colouring	g.	Briquettes
8.	Chalk on flat surface	h.	Drawing on painted paper
9.	Chalk dipped in water	i.	Crayons and colour wash – with sponges
10.	Chalk on a blackboard	j.	Using a base line
11.	Drawing with thin koki's	k.	Adding detail to basic shapes
12.	Texture rubbings with crayons	l.	Drawing within a border
13.	Adding detail to basic shape	m.	Chalk
14.	Wax crayon on warm surface	n.	Koki's in food colouring
15.	Thin koki's on tiles	o.	Chalk in water
16.	Drawing with pencil crayons	p.	Chalk on a blackboard
17.	Carbon copies	q.	Draw with thin koki's
18.	Drawing with aquarelle crayons	r.	Draw with charcoal
19.	Drawing around basic shapes	s.	Rubbing with crayons
20.	Scraffito pictures	t.	Draw with flour in perm bottle
21.	Drawing with sketching charcoal	u.	Drawing within shapes
22.	Drawing of double lines	v.	Two contrasting pictures
23.	Black outlines		
24.	Colouring in		
25.	Smudging pastels off a shape		
26.	Wax candles in a flame		
27.	Dripping wax on an outline		
28.	Sequence story		
29.	Drawing around a figure template		
30.	Drawing with nails on soapstone		

Aims:

1. To see which children have the correct grip when holding drawing apparatus. To correct in correct grip.
2. To teach children the correct technique when using the various drawing materials.
3. To observe which children make use of a variety of colours.
4. To test children's fine motor co-ordination.
5. To observe where children draw on paper. Crossing of the mid-line.



Painting

Progressive Lessons

No	Grade 0	No	Grade 00
1.	Thick brushes: Free painting	a.	Thick brushes: 1 colour
2.	Thick brushes: covering whole surface	b.	Thick brushes: 2 colours
3.	Colourwash brushes. Prog spec. are	c.	Thick brushes: half a page for each colour
4.	Fold and paint within areas of fold	d.	Paint stripes
5.	Thin brushes	e.	Paint boxes
6.	Thick and thin brushes: paint boxes	f.	Three colours on a flat surface
7.	Butterfly painting	g.	Three colours on an easel
8.	Easel painting	h.	Colour wash with sponges
9.	Rollers	i.	Painting off a flat template e.g. Leaf
10.	Painting salt ceramic models	j.	Rollers
11.	Bristle technique variations	k.	Paint within a given area
12.	Splatter paint over whole surface	l.	Butterfly painting
13.	Splatter paint with templates	m.	Paint with glue: sprinkle sand / mealie meal
14.	Paint on textured surface	n.	Painting egg shells
15.	Straw blowing: bubble prints	o.	Paint salt ceramic picture
16.	Rolling marble	p.	Paint using squeeze bottles
17.	Jik painting	q.	Splatter painting: toothbrush
18.	String painting / feather painting	r.	Jik painting
19.	Enamel paint on shoes	s.	Paint with food colouring

Aims:

1. To teach the correct technique in handling an apparatus i.e. paint brush, sponge, and toothbrush.
2. To observe each child's fine muscle control in handling a paintbrush or toothbrush.
3. To observe the child's use of colours.
4. To observe which children are able to accurately carry out the given instructions.
5. To observe which children paint neatly.
6. To correct grip on paint brush.
7. To observe which children enjoy painting.



Pasting

Progressive Lessons

No	Grade 0	No	Grade 00
1.	On object: glue spreader	a.	Pasting with fingers
2.	On paper: glue spreader	b.	Pasting with spatulas
3.	Paper shapes on paper: base / sky line	c.	With glue spreader on polystyrene blocks
4.	Mixed collage	d.	Symbols onto corners of paper
5.	Glue within specified area: sprinkle	e.	Sand paper shapes
6.	Fasting large shapes together	f.	Paper shapes
7.	Stickers on boxes	g.	Paper bag puppet collage
8.	Staplers on paper shapes	h.	Mixed collage onto a shape
9.	Seed collage	i.	Nature collage
10.	Paper collage on wax paper	j.	Paper plate puppets
11.	Pasting 3 dimensionally	k.	Gummed paper
12.	Cotton wool collage	l.	Sprinkle collage within a given area
13.	Stapling around a curved edge	m.	Paint within a sawdust picture
14.	Paper plate collage	n.	Sand, sawdust (coloured)
15.	Shoe polish on a glue picture	o.	Tissue balls
16.	Match stick collage	p.	Candle wax drippings
17.	Using pritt sticks	Ideas for themes:	
18.	Material collage	i.	<i>Doctor:</i> Pasting medical supplies
		ii.	<i>Day and night:</i> Collage – dark on light etc.
		iii.	<i>My house:</i> Pasting shapes
		iv.	<i>Fruit:</i> Group collage
		v.	<i>Trees:</i> Wood collage
		vi.	<i>Spring:</i> Tissue balls - blossoms

Aims:

1. To observe how children work with smaller collage materials.
2. To teach children how to work economically with glue.
3. To observe which children has good fine muscle control to work with finer collage materials.
4. To observe whether children use a glue brush correctly.
5. To notice which children are able to create a detailed, creative picture with materials provided.
6. To observe which children give careful thought and planning to their picture.
7. To test the child's knowledge of colour, texture and shape.
8. To observe which children are able to space their materials on their page.
9. To observe which children are able to complete their picture without their fingers getting full of glue.



Printing

Progressive Lessons

No	Grade 0	No	Grade 00
1.	Printing with geometrical shapes	a.	Hands prints
2.	Cookie cutters: Blunt side	b.	Foot / hand prints + wax crayons add details
3.	Fruit and veg prints / assorted objects	c.	Assorted objects
4.	Bubble prints	d.	Sponge prints
5.	Stamp pad and tuber stamps	e.	Textured blocks prints
6.	Printing around the edges	f.	Printing within a specified area
7.	Finger prints and draw	g.	Stamp pad and rubber stamps
8.	Finger painting and prints	h.	Foot prints
9.	Printing sequence patterns	i.	Finger prints
		j.	Printing within drawn border
		k.	Potato prints
		l.	Koki printers
Aims:			
<ol style="list-style-type: none"> To teach the children the correct technique used in printing, so as to enable them to make a clear print that is not smudged. To teach children how to control their paper using their non-dominant hand. To encourage children to plan where they want to paint and to encourage them to work creatively. 			

Paper tearing

Progressive Lessons

No	Grade 0	No	Grade 00
1.	Strips: using newspaper	a.	Tearing paper into strips
2.	Mosaic: To cover a specified area	b.	Strips into pieces – blocks
3.	Page from a magazine	c.	Small pieces of mosaic with specified area
4.	Around a simple shape e.g. a circle	d.	Along a perforated fold – computer paper
5.	Tear along a perforated fold	e.	Pages from a magazine
6.	Along a fold	f.	Around a simple shape
		g.	Side strip off computer paper
Aims:			
<ol style="list-style-type: none"> To develop perseverance in a task. To develop fine muscle control. 			



Modelling

Progressive Lessons

No	Grade 0	No	Grade 00
1.	Basic skills of handling dough	a.	Free modelling
2.	Rolling snakes	b.	Damp sand modelling
3.	Rolling balls	c.	Modelling with mud
4.	Snakes and balls: salt dough	d.	Snakes
5.	Rollers and cutters: play dough	e.	Balls
6.	Cutting dough with a knife	f.	Combination of balls and snakes
7.	Cutting dough: scissors – make pictures	g.	Salt ceramics: balls and snakes
8.	3D models: play and salt dough	h.	Roller and shells, buttons, seeds
9.	Modelling around a container	i.	Rollers and cookie cutters
10.	Toothpick pictures on rolled dough	j.	Dough and spatulas: sawing movement
11.	Beads: salt dough	k.	Making rolls from flat dough: flowers
12.	Paper Mache modelling and collage	l.	Landscape modelling with sand
13.	Rollers, cutters, knives, forks, salt ceramics	m.	Beads from salt ceramics
14.	Clay modelling		
	Other ideas with dough:		
	Dough and cardboard pictures		
	Dough and bottle tops		
	Dough and animals		
	Dough and blocks		
	Dough and cars / road signs		
	Add glitter to dough		
	Use more than one colour dough		
	Dough and scoops		
	Write name with play dough		
	Dough and Indians		
Aims:			
<ol style="list-style-type: none"> 1. To observe how the children handle dough. 2. To evaluate the children's initiative regarding their use of the dough. 3. Observe how each child uses the other media provided together with the dough. 4. To observe children's communication with the others while playing. 5. To observe which children can make something specific using creativity. 			



Folding

Progressive Lessons

No	Grade 0	No	Grade 00
1.	Folding in half: square to triangle	a.	Free folding
2.	Folding in half: square to rectangle	b.	Folding in half: square to triangle
3.	Folding into four: cupboard	c.	Folding in half: square to rectangle
4.	Folding into tent	d.	Butterfly painting
5.	Folding into four: quarters	e.	Folding into 4: quarters – paint each
6.	Folding into dog	f.	Animal faces: dog, cow
7.	Fan folding	g.	Hats: newspaper
8.	Folding to make doilies		
9.	Paper aeroplanes		
10.	Wrapping a parcel		
11.	Windmills		
12.	Rolling beads around a pencil		
13.	Quack – quacks / boats		
14.	Plaits		
Aims:			
1. To master the technique of folding a piece of paper.			
2. An awareness of the lines created when paper is folded.			

Threading and weaving

Progressive Lessons

No	Grade 0	No	Grade 00
1.	Polystyrene on kebab sticks	a.	Cut up toilet rolls onto paper strips
2.	Threading onto and upright straw	b.	Cut up toilet rolls onto string
3.	Weaving cards: needles	c.	Wooden beads onto shoelaces
4.	Needles tracing pictures onto card	d.	Cardboard pieces with holes onto string
5.	Threading own salt ceramic beads	e.	Playdough pieces onto kebab sticks
6.	Sewing a picture	f.	Punch own holes in paper shapes-thread
7.	Mobiles: threading and tying knots	g.	Sewing around punched cards – needle
8.	Draw and thread	h.	Around a simple shape
9.	Pom poms	i.	Orange bags, needle and wool
10.	French knitting		
Aims:			
1. To strengthen finger muscles with the threading of small and big beads, straws etc.			
2. To develop fine muscle control.			
3. To learn how to use and thread a needle correctly.			
4. To learn some of the different sewing stitches used, e.g. in and out, in front around and in front again.			
5. To evaluate the child's perseverance at a given task.			
6. To evaluate how neatly and how accurately a child can complete a task.			



Box construction

Progressive Lessons

No	Grade 0	No	Grade 00
1.	Basic box construction	a.	Boxes and coloured paper shapes
2.	Pasting onto one box – stickers	b.	Box and collage materials
3.	Boxes, cardboard, and spatulas	c.	One large box and smaller boxes
4.	Egg boxes, toilet rolls	d.	Box construction general
5.	Small boxes	e.	One box and toilet rolls
6.	Toilet roll / washing powder scoop puppets	f.	Carlton rolls and collage
7.	Throat sticks	g.	Toilet rolls
8.	3D: Polystyrene, matches, toothpicks	h.	Egg boxes
9.	Puppets from Pringle chip container	i.	Old dough and toothpicks
		j.	Boxes and stickers
Aims:			
<ol style="list-style-type: none"> 1. To show children the waste can be used effectively. 2. To encourage children to think three dimensionally. 3. To develop children's imagination with the use of materials provided. 			

Woodwork

Progressive Lessons

No	Grade 0	No	Grade 00
Hammer:		Hammer:	
1.	One piece of wood, tacks, and string	a.	Hammering egg boxes
2.	Wood: cardboard pieces and tacks	b.	Hammering polystyrene
3.	Mobile parts: one piece wood + lids	c.	Nails and cardboard into wood (fruit tree)
4.	Joining two pieces of wood	d.	Wood, nail, and plastic lids
5.	Making holes in tins		
Saw:			
6.	Cutting polystyrene with knives		
7.	Cutting polystyrene with saws		
8.	Sawing wooden curtain rods – hammer nails in for French knitting		
Screwdriver:			
9.	Variety of screws into wood (holes pre-drilled)		
Aims:			
<ol style="list-style-type: none"> 1. To develop children's hand eye co-ordination and fine motor development. 2. To encourage children to think three dimensionally. 3. To develop children's imagination with the use of materials provided. 4. To learn to work with real tools. 			



Baking

Progressive Lessons

No	Grade 0	No	Grade 00
1.	Bread dough: free	a.	Bread dough: free
2.	Biscuit dough: snakes	b.	Flatten, roll bread dough: sprinkle sugar
3.	Biscuit dough: chocolate - balls	c.	Balls: bread dough and raisins
4.	Fondant: Balls and snakes	d.	Fondant: balls and snakes
5.	Biscuit dough: rollers and cutters	e.	Spreading bread: cut with cookie cutters
6.	Cutting foodstuffs	f.	Robots: boudoir biscuits
7.	Spreading butter onto bread	g.	Biscuit dough: rolling, cutting cookie cut
8.	Toast: spreading and cutting	h.	Icing Marie biscuits
9.	Pizza's	i.	Threading marshmallows
10.	Crumpets: measuring a spoonful	j.	Hot cross buns
11.	Hot cross buns	k.	Peanut butter fondant
12.	Hamburger patties	l.	Milkshake
13.	Coleslaw: following a recipe	m.	Biscuit: basic recipe
14.	Cupcakes: following a recipe	n.	Gingerbread man: rollers and cutters
15.	Apple tarts	o.	Custard biscuits: mixing ingredients
16.	Toasting a marshmallow	p.	Cutting fruit: fruit salad (knife)
17.	Banana milkshakes: electric beater	q.	Coloured fondant: make fruit
18.	Soup	r.	Potato salad
19.	Health bread: stiff dough recipe	s.	Pizza: viennas and cheese
20.	Cheese scones	t.	Basic biscuits: following a recipe
21.	Banana loaf	u.	Popped popcorn: make a picture
22.	Stick bread	v.	Chocolate coconut cookies
23.	Sausage roll ups	w.	Pastry: jam tarts
24.	Meringues	x.	Egg Humpty Dumpty
25.	Hand beater – instant pudding	y.	Jelly and fruit
26.	Hand beater – scrambled eggs	z.	Small Marie biscuit silkworms
27.	Potato peeler: chips	aa.	Health bread with bought dough
28.	Koeksisters: plaiting	bb.	Christmas biscuits
29.	Christmas cake	cc.	Icing and decorating biscuits
30.	Icing Christmas cake		
31.	Extra idea: Braai		

Aims:

1. To test children's knowledge of the various baking apparatus used.
2. To give the children the opportunity to taste small and to describe what they make.
3. To notice which children can correctly read a recipe chart.
4. To see which children know their shapes and colours, and can name them.